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Plasma vasopressin, renin and catecholamines during nitroprusside-induced hypotension in the newborn lamb

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1 Introduction

The newborn may become hypotensive during episodes of sepsis, acidosis, respiratory distress, hypovolemia, hemorrhage, heart failure, abdominal catastrophe, or active intracranial hemorrhage. A rebound hypertension may occur during the recovery period.

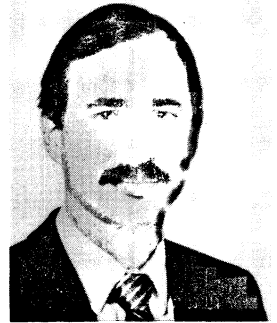
The fetus and neonate respond to experimental hypovolemia or hypotension with increased release of vasoactive mediators in a similar fashion to the adult [10, 16, 21, 22, 24, 39, 40]. The recovery of the fetus from nitroprusside induced hypotension, is associated with prolonged high levels of vasoactive mediators and a *rebound hypertension* that is longer than that observed in the adults [39, 40]. The present experiments were designed to investigate a possible mechanism for this difference by examining the simultaneous response of the neurohypophyseal, sympathetic and renin-angiotensin systems and the pattern of recovery of the newborn from nitroprusside induced hypotension in comparison to the fetus and adult.

2 Material and methods

A femoral artery and vein were catheterized in six lambs 1–2 days old following light sedation with 1 mg/kg phencyclidine intramuscularly and local infiltration of 5 mg xylocaine as described previously [6]. Experiments were performed at least one day following the placement of catheters at a mean of 5.3 ± 0.5 days (range 4–7

Curriculum vitae

ALAN B. ZUBROW, M.D., was born in Philadelphia, PA in 1950. He graduated college (1972) and medical school (1976) from the University of Pennsylvania. His pediatric residency was at the Children's Hospital of Philadelphia, followed by a Neonatal Perinatal Medicine fellowship at Babies Hospital, Columbia University. He is currently on the staff of the Medical College of Pennsylvania. His main field of interest is perinatal physiology.



days). During the experiments the lambs were lying quietly on their side wrapped lightly and restrained loosely. After a 30–60 minute control period of stable blood pressure and heart rate measurements, freshly prepared sodium nitroprusside¹ ($0.33 \text{ mg} \cdot \text{ml}^{-1}$ in 0.9% saline) was infused intravenously into the lamb for one hour. The infusion rate was adjusted to maintain a mean blood pressure 10–20% below the control values. The mean total dose of nitroprusside necessary to achieve the desired degree of hypotension was $0.739 \pm 0.274 \text{ mg} \cdot \text{kg}^{-1}$ (range 0.312 to $2.075 \text{ mg} \cdot \text{kg}^{-1}$) or $12 \text{ g} \cdot \text{kg}^{-1} \cdot \text{min}^{-1}$.

¹ (Nipride, Hoffman LaRoche, Inc.)

This is well below the minimum dose reported to produce toxic side effects [31, 37]. Monitoring was continued for an additional hour after discontinuation of the infusion.

2.1 Measurements

Arterial blood pressure was measured using a Stratham transducer (23 Db) and heart rate determined by a cardi tachometer triggered by the pulse pressure. Measurements were recorded on a multichannel Beckman polygraph. Arterial blood samples were taken before (0 min), during (30 and 60 min) and following (90 min) the nitroprusside infusion. A total of 25 ml of blood ($6 \text{ ml} \cdot \text{kg}^{-1}$) per study was withdrawn and acutely replaced with normal saline. Blood samples for assay of vasopressin and renin activity were collected in chilled glass tubes containing EDTA, catecholamine levels in chilled tubes containing EGTA and glutathione, and pH, blood gases, sodium and osmolality determination in a heparinized syringe as described previously [40]. The volume of blood withdrawn over the two hour period of these experiments has been shown not to affect vasopressin levels [36].

Plasma was separated by centrifugation ($2000 \times g$; 15 min; 4°C and was stored at -30°C for later determination of plasma renin activity, catecholamine, vasopressin, electrolytes and osmolality. Blood pH and gas tensions were measured immediately using microelectrodes and a Radiometer blood gas monitor.

Renin activity was measured by generation of angiotensin I using New England Nuclear^R RianenTM Angiotensin I [^{125}I] Radio-immunoassay Kit [34]. Epinephrine and norepinephrine were measured by a radioenzymatic method using Upjohn's Cat-A-KitTM [25]. Vasopressin was determined by radioimmunoassay using a specific antibody after extraction with acetone and petroleum ether as has been previously described [12].

Plasma sodium and osmolality were measured using an Instrumentation Laboratories Flame Photometer and an Advanced Instrument Hi-Precision Research Osmometer respectively. The coefficients of variation of the methods for determination of sodium concentration and osmolality were $\pm 1\%$ and $\pm 2\%$ respectively.

2.2 Statistical analysis

All data are expressed as mean \pm standard error. The data were analyzed using one way analysis of variance and tested for significance using the Bonferoni method. All p values listed for vasopressin, renin activity and catecholamines represent analysis using a log transformation.

3 Results

The rate of sodium nitroprusside infusion was adjusted to achieve a decrease in mean blood pressure of 10–20% (6–13 mmHg) ($p < .02$) (figure 1). Mean blood pressure values during the first 2 min of hypotension fell even lower than 20% (from 67 to 35 mmHg) until the infusion rate could be adjusted correctly. After the end of the infusion, mean blood pressure increased significantly (up to 76 mmHg) and remained elevated for 20 min ($p < .05$). Except for one time epoch, after cessation of the infusion when it fell from 200 to 160 bpm, the heart rate remained statistically unchanged from the control period.

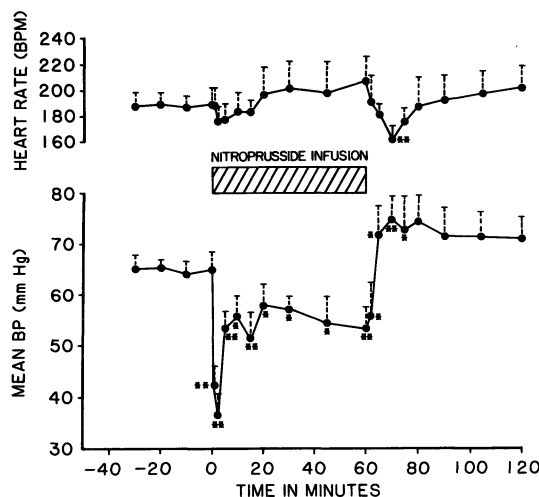


Figure 1. Changes in heart rate (upper portion) and mean blood pressure (lower portion) before, during, and following maternal nitroprusside infusion (as indicated). Data expressed as mean \pm SE.

(* $p < .05$, ** $p < .01$).

Vasoactive mediator data are shown in figure 2. Vasopressin concentration increased maximally from $2.4 \pm 0.57 \text{ pg} \cdot \text{ml}^{-1}$ to $35.1 \pm 16.28 \text{ pg}$

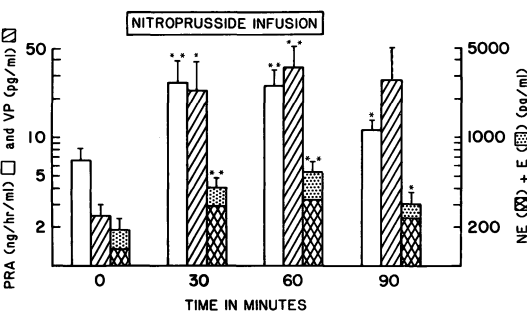


Figure 2. Changes in vasoactive mediators before, during and following neonatal hypoten: plasma renin activity (PRA, ng · ml⁻¹ · hr⁻¹) (clear bar), vasopressin (VP, pg · ml⁻¹) (composed of norepinephrine, NE, hatched lower portion of bar and epinephrine, E, stippled upper portion of bar). Data expressed as mean ± SE. (* p < .05, ** p < .01).

· ml⁻¹ (p < .002) after 60 min of hypotension. Maximal increases of plasma renin activity occurred at 30 min (from 6.7 ± 1.56 to 27.4 ± 11.44 ng · ml⁻¹ · h⁻¹, p < .003). Epinephrine (55.8 ± 21.05 to 206.5 ± 52.43 pg · ml⁻¹, p < .003), norepinephrine (133.5 ± 33.01 to 327.8 ± 52.46 pg · ml⁻¹, p < .003), and total catecholamines (189.3 ± 42.15 to 534.3 ± 100.52 pg · ml⁻¹, p < .0001) all had their maximal increase at 60 min. Thirty minutes after discontinuing the nitroprusside infusion, the plasma renin activity (11.4 ± 1.96 ng · h⁻¹, p < .02), norepinephrine (233.2 ± 53.89 pg · ml⁻¹, p < .04) and total catecholamine level (300.6 ± 65.92 pg · ml⁻¹, p < .02) remained statistically higher than control values. Vasopressin levels also remained elevated at a mean of 27.0 pg/ml; however, this value was not statistically different from control because of wide scatter in the individual levels.

Table I. pH, PCO₂, PO₂, Na, osmolality and Hct before (Control), after sixty minutes (hypotension), and following the termination of nitroprusside infusion (recovery)

	Control	Hypotension	Recovery
pH	7.41 ± .011	7.41 ± .011	7.39 ± .011
PCO ₂ (mmHg)	38.0 ± 1.3	38.0 ± 1.3	37.8 ± 1.2
PO ₂ (mmHg)	83.5 ± 4.0	83.5 ± 4.0	89.7 ± 3.8
Na (mEq/L)	141.8 ± 1.7	142.0 ± 2.1	145.6 ± 2.2
Osm (mOsm/Kg)	311.4 ± 2.8	308.8 ± 6.4	303.6 ± 4.9
Hct (%)	30.5 ± 0.49	28.0 ± 0.94	29.7 ± 0.87

There were no statistically significant differences in mean blood pH or blood gas tensions (table I). The mean control plasma sodium (141.8 ± 1.74 meq · l⁻¹) remained unchanged during the experiment and was within the normal range for newborn lambs. The osmolality remained statistically unchanged but did all from 311.4 ± 2.76 to 303.6 ± 4.9 mOsm · kg⁻¹ at 120 min. Hct fell from 30.5 ± 0.49 to 28.0 ± 0.94 at the end of infusion but returned to control levels after 30 minutes.

4 Discussion

The present experiments have shown that as in hemorrhagic hypotension, the newborn lamb responds to nitroprusside-induced, euvoletic hypotension by releasing vasopressin, renin and catecholamines. Recovery from hypotension was associated with elevated levels of renin and catecholamines and a prolonged rebound hypertension that was of somewhat shorter duration than in the fetus of the same species (figures 1 and 2).

In agreement with the results of ROSE et al, the dose of nitroprusside required by the newborn lamb, to produce a 10–20% reduction in blood pressure, was slightly higher than in the adults [27, 39]. Except for a transient bradycardia following the end of the infusion, the nitroprusside induced hypotension in the present experiments was not associated with significant change in heart rate. These results are in agreement with those of ROSE et al and KUIPERS et al, in the newborn lamb but not with those of ROSS et al in the fetal lambs where a tachycardia was observed [20, 27, 30]. These differences could be due to differences in rates of infusion, age of the lambs and to the negative chronotropic effects of high levels of vasopressin found in ROSE's and our experiments but not in those of ROSS [23, 27, 30].

During nitroprusside induced hypotension, plasma levels of vasopressin of the newborn lamb rose 15 fold, plasma renin activity 4 fold and catecholamines 3 fold (figure 2). Since nitroprusside reduced mesenteric and renal blood flows, the high levels of VP, PRA and CA could be in part due to a reduction in their rates of elimination [20, 30, 38]. However the rate of rise in the levels suggest that this more likely is due to stimulation of the neurohypophyseal, sympatho adrenal and renin-angiotensin systems in order to maintain blood pressure [2, 8, 10, 11, 13, 17, 29, 32]. Since neither pHa, PaO₂, plasma sodium or osmolality were significantly affected by nitroprusside, hypoxia and hemoconcentration can be ruled out as possible causes for the release of these vasoactive mediators [4, 5, 7, 26, 32].

Gavras suggests that in the adult, the sympathetic nervous system is more involved in the maintenance of blood pressure whereas vasopressin and renin are important back-up mechanisms [9]. The increase in vasopressin in the present experiments was lower, while that of PRA was higher and catecholamines similar to those found in the ewe during a comparable degree of nitroprusside induced hypotension [39]. From our results and those of ROSE et al [29], it is tempting to postulate that in the newborn it is the renin-angiotensin system that is more important. However, in addition to their direct effects, vasopressin, renin-angiotensin and catecholamines interact with each other; furthermore, both their direct actions and the extent of their interactions may change during development [12, 14–16, 18, 28, 33, 35]. Thus differences between the adult and newborn in the relative release of these vasopressors in response to hypotension may not reflect differences in their importance in the maintenance of blood pressure.

During the period of hypotension, the hematocrit of the newborn lamb decreased significantly by 2.5% then returned to control levels rather thirty minutes (table I). This change cannot be due to hemodilution due to volume loading since the volume infused never exceeded 6 ml. These

results together with the absence of change in plasma osmolality agree with the conclusions of BRACE et al and ROSS et al in the fetal lamb, that there is a transfer of iso-osmotic fluid from the interstitium to the intravascular space in response to hemorrhage or hypotension [3, 20].

In the adult, cessation of nitroprusside infusion resulted in a transient rebound hypertension which could be eliminated by propranolol, nephrectomy, or angiotensin converting enzyme inhibition [1, 19]. These results suggested that the rebound hypertension was a function of release of catecholamines and activation of the renin angiotensin system although vasopressin might also have played an important role. In the present experiments on the newborn lamb, significantly elevated levels of renin and catecholamines were found during this period. The duration of hypertension (post nitroprusside infusion) in the newborn lamb was less than that observed in the fetal lamb [40] but longer than in the ewe [39]. These elevated values thirty minutes after the end of hypotension could be due to low rate of elimination as a result of prolonged effect of nitroprusside on mesenteric and renal blood flows [20, 30, 38]. In any case, these observations suggest that the ability of the newborn lamb to precisely regulate the release or metabolism of vasoactive mediators is between that of the fetal and adult sheep.

In summary, the newborn lamb responded to nitroprusside induced hypotension by releasing vasopressin, renin and catecholamines. The increase in plasma levels of vasopressin was smaller, while that of renin activity was larger and catecholamines similar to that found in the ewe. The duration of the rebound hypertension was longer than has been observed in fetal sheep. Concurrent with the hypertension, there were prolonged elevated levels of plasma renin activity and catecholamines. We speculate that these elevated levels of vasoactive mediators are responsible for the prolonged rebound hypertension and thus represent immaturity in the lamb's ability to regulate release or metabolism of these mediators.

Abstract

The circulating levels of vasopressin, catecholamines and renin activity before, during and following a 10–20% fall in mean arterial blood pressure induced by sodium nitroprusside were measured in six chronically catheterized lambs during the first week of life.

No significant changes in pHa, PaO₂, PaCO₂, Plasma sodium or osmolality were observed during or following the infusion of sodium nitroprusside at an average of 12 g · kg⁻¹ · min⁻¹ (table I). However, the fall in blood pressure at the end of 60 minutes infusion, was associated with significant increases in the plasma levels of vasopressin from a control value of 2.4 ± 0.57 to a maximum of 35.1 ± 16.3 pg/ml (p = .002), renin activity from 6.7 ± 1.56 to 27.4 ± 11.44 ng · ml⁻¹ · hr⁻¹ (p = .003), and catecholamines from 189.3 ± 42.15 to 543.3 ± 100.52 pg · ml⁻¹ (p = .0001). The

increase in vasopressin is lower, while that of PRA was higher and catecholamines similar to those found in the ewe. Plasma renin activity (PRA) and catecholamine levels remained elevated for at least 30 minutes following the end of the infusion while the mean blood pressure rose significantly above control levels and remained elevated for twenty minutes (figures 1 and 2). We speculate that the persistent elevated levels of vasoactive mediators are responsible for the prolonged rebound hypertension following the cessation of the nitroprusside infusion and is the result of an immaturity of either a feedback process or metabolism of the vasoactive mediators or a combination of both mechanisms. This rebound hypertension could have adverse effects particularly in the very immature neonate.

Keywords: Catecholamines, hypotension, neonate, nitroprusside, plasma renin activity, vasopressin.

Zusammenfassung

Vasopressin, Renin und Catecholamine im Plasma während Nitroprussid-induzierter Hypotensionen beim neugeborenen Schaf

Vor, während und nach einem 10–20%igen Abfall des mittleren arteriellen Blutdrucks, induziert durch Nitroprussid, bestimmten wir die Aktivität von Vasopressin, Catecholaminen und Renin bei 6 katheterisierten Schafen in der ersten Lebenswoche. Die mittlere Gesamtdosis an Nitroprussid, die zum Erreichen des gewünschten Blutdruckabfalls notwendig war, betrug 0.739 ± 0.274 mg/kg bei Infusion über 60 min oder 12 g/kg/min.

Wir beobachteten keine signifikanten Veränderungen des pHa, PaO₂, PaCO₂, Na⁺-Wertes im Plasma und der Osmolalität während und nach einer Nitroprussid-Infusion von durchschnittlich 12 g/kg/min (Tab. I). Nach einer 60minütigen Infusion war jedoch der Blutdruckabfall assoziiert mit signifikanten Anstiegen der Plasmaspiegel von Vasopressin auf 35.1 ± 16.3 pg/ml maximal gegenüber Kontrollwerten von 2.4 ± 0.57 pg/

ml (p = 0.002), der Reninaktivität von 6.7 ± 1.56 auf 27.4 ± 11.44 ng/ml/h (p = 0.003) und der Catecholamine von 189.3 ± 42.15 auf 543.3 ± 100.52 pg/ml (p = 0.001). Im Vergleich zum Muttertier war der Vasopressin-Anstieg geringer, der der PRA größer und der Anstieg der Catecholamine in derselben Größenordnung. Die Plasma-Renin-Aktivität (PRA) und die Catecholamine blieben mindestens 30 min nach Ende der Infusion erhöht, während der mittlere Blutdruck signifikant über den Kontrollwerten lag und für 20 min erhöht blieb (Abb. 1 und 2).

Es könnte sein, daß persistierende erhöhte Spiegel an vasoaktiven Mediatoren verantwortlich sind für eine prolongierte Hypertension als Rebound-Effekt nach Ende der Nitroprussidinfusion. Dieses Phänomen mag durch eine Unreife des Feedback-Prozesses oder des Metabolismus der vasoaktiven Substanzen oder eine Kombination von beiden bedingt sein. Die Rebound-Hypertension könnte sehr ungünstige Auswirkungen, speziell beim sehr unreifen Neugeborenen haben.

Schlüsselwörter: Catecholamine, Hypotension, Neugeborenes, Nitroprussid, Plasmaprenin-Aktivität, Vasopressin.

Résumé

Vasopressine, renine et catécholamines plasmatiques au cours de l'hypotension induite par le nitroprusside chez l'agneau nouveau-né

On a mesuré chez six agneaux cathétérisés de façon chronique au cours de la première semaine de vie, les taux circulants de Vasopressine, de Catécholamines et d'activité rénine avant et après une chute de 10.20% de la pression artérielle moyenne induite par le nitroprusside de sodium. La dose totale moyenne de nitroprusside nécessaire pour obtenir le niveau souhaité d'hypotension a été de 0,739 ± 0,274 mg · kg⁻¹ en

perfusion pendant soixante minutes ou 12 g · kg⁻¹ · min.

On n'a pas observé de modification significative du pHa, de la PaO₂, de la PaCO₂, du sodium plasmatique ni de l'osmolarité en cours ou après la perfusion de nitroprusside de sodium à la moyenne de 12 g · kg⁻¹ · min⁻¹ (tableau I). Néanmoins, la baisse de la pression artérielle à la fin de la perfusion de 60 Minutes est associée de façon significative avec une élévation des taux plasmatiques de vasopressine depuis les valeurs contrôles de 2,4 ± 0,57 jusqu'à un maximum de 35,1

$\pm 16,3$ pg/ml ($p = 0,002$), des taux plasmatiques d'activité rénine, de $6,7 \pm 1,56$ jusqu'à $27,4 \pm 11,44$ ng \cdot ml $^{-1} \cdot$ hr $^{-1}$ ($p = 0,003$) et des taux plasmatiques de catécholamines de $189,3 \pm 42,15$ jusqu'à $534,3 \pm$ pg \cdot ml $^{-1}$ ($p = 0,0001$).

L'élévation de la vasopressine est plus faible que les valeurs retrouvées chez la brebis alors que la PRA est plus élevée et les catécholamines similaires. L'activité rénine plasmatique (PRA) et les taux de catécholamines demeurent élevés au moins 30 minutes après la fin de la perfusion alors que la pression sanguine

moyenne s'élève de façon significative au-dessus des témoins et reste élevée pendant vingt minutes (fig. 1 et 2).

Nous émettons l'hypothèse que les taux élevés persistants de médiateurs vaso-actifs sont responsables du rebond hypertensif, prolongé qui suit l'arrêt de la perfusion de nitroprusside et que ce rebond est le résultat médiateurs vasoactifs ou d'une combinaison des 2. Ce rebond hypertensif pourrait entraîner des effets nuisibles tout particulièrement chez le nouveau-né très immature.

Mots-clés: Catécholamines, hypotension, nouveau-né, nitroprusside, activité rénine plasmatique, vasopressine.

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